



Proper sizing, placement and maintenance of equipment goes a long way in ensuring player safety.

As players, coaches, officials and parents we owe it to ourselves to read booklets like Hockey Canada's **Safety Requires Teamwork & Safety for All** among many others available.

Go online at [www.hockeycanada.ca](http://www.hockeycanada.ca)

Shared respect... let's turn our attention to prevention!

HELMET  
FACEGUARD  
MOUTHGUARD  
CHIN STRAP  
THROAT PROTECTOR

SHOULDER PADS

ELBOW PADS

ATHLETIC SUPPORT/  
PELVIC PROTECTOR

WRIST PADS

PANTS

GLOVES

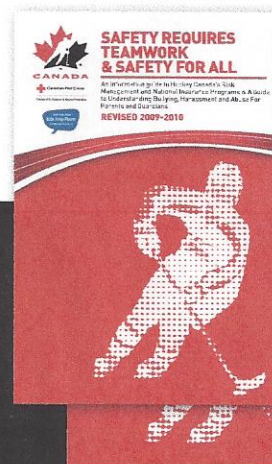
SHIN PADS



Open, read and learn.

Safety Requires Teamwork is available from your Branch, local hockey association or online at [www.hockeycanada.ca](http://www.hockeycanada.ca)

Thanks to the NOHA for the completion of this poster.



# Ouch Resistant

Be informed about the proper wearing of all hockey equipment.