

As a coach, you have a major influence on your athletes. Not only will you affect the development of their skills and long-term enjoyment of the sport, you will also play a role in their development as individuals. It is important that you have effective resources to help you.

The Coaching Association of Canada, in partnership with the national sport organizations, compiled the following coaching tips.

Getting Started in Coaching



Is this your first time coaching hockey? Were you recruited to coach on registration day? If so, there is help available.

As a first-time coach, you will have a major influence on your athletes. Not only will you affect the development of their hockey skills and long-term enjoyment of the game, you will also play a role in their development as people. It is important that you have effective resources to guide you through this first season.

To get you started, obtain the following information from your league convenor as soon as possible:

- Age range and level of your players.
- Number and location of practices and games.
- Insurance considerations.
- Special rules for your league.

Ask your Branch about the next National Coaching Certification Program (NCCP) Clinic in your area.

Good luck coach!

